

Aarihant Ayurvedic Medical College and Research Institute Swarrnim Institute of Health Sciences



At - Bhoyan Rathod, Gandhinagar

"Lecture about Sanitary Pads"

INSTITUTE &DEPARTMENT	AARIHANT AYURVEDIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, AARIHANT AYURVEDIC HOSPITAL AT-BHOYAN RATHOD,GANDHINAGAR
ACTIVITYNAME/EVENT NAME	Awareness about Menstrual Hygiene
DATE OF THE EVENT	13/08/2024
DURATION	01:00 hrs
PLACE	Anatomy Hall, AAMCRI
SPEAKERS	Bhavana & Hetal (NGO, Healthcare serving for society)

Objective of the event:

The primary objective of a program providing information about sanitary pads is to educate students about the importance of using sanitary pads during menstruation, promoting good menstrual hygiene practices to prevent infections and diseases. So, for the awareness, lecture was organized by Aarihant Ayurvedic Medical College & Research Institute, Swarrnim Startup and Innovation University at Anatomy Hall, AAMCRI.

Flow of the event:

The event was started around 11:00 am with by lecture given by Bhavana and Hetal about information about Sanitary pads.

Significance/Outcome:

Approximately 50 students had taken benefit of this lecture.









